



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Friedrich, Harald

Club: Celenus Salza Vita Gesundheitszentrum
Number: 903

Course: 5.00 km
5 km - Nordic Walking

Category:

Männer

Total time: 43:37

Speed: 6.88 km/h

Running performance: 8:43 min/km

Rank in course/Total: 9 (of 23)

Rank in course/Men: 4 (of 5)

Best time in course: 41:03

Rank in category: 4(of 5)

Best time in the category: 41:03