



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Koch, Christian

Club: Laufgruppe Herbsleben

Number: 1122

Course: 12.50 km

12,5 km -Lauf

Category:

Männer (20-29 Jahre)

Total time: 51:01

Speed: 14.11 km/h

Running performance: 4:05 min/km

Rank in course/Total: 6 (of 188)

Rank in course/Men: 6 (of 138)

Best time in course: 41:37

Rank in category: 1(of 10)

Best time in the category: 51:01