



3Türmelauf  
Bad Langensalza / 24.04.2016

Detailed evaluation

**Röth, Martin**

Club: B.L.Sharks  
Number: 1173

Course: 12.50 km  
12,5 km -Lauf

Category:  
Männer (20-29 Jahre)

Total time: 54:58

Speed: 13.10 km/h  
Running performance: 4:24 min/km

Rank in course/Total: 22 (of 188)

Rank in course/Men: 22 (of 138)

Best time in course: 41:37

Rank in category: 3(of 10)

Best time in the category: 51:01