



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Nebelung, Marco

Club: FSG 99 Salza e. V.

Number: 1249

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 52:54

Speed: 14.18 km/h

Running performance: 4:14 min/km

Rank in course/Total: 12 (of 188)

Rank in course/Men: 12 (of 138)

Best time in course: 41:37

Rank in category: 2(of 15)

Best time in the category: 41:37