



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Stang, René**

Club: LTV Erfurt e.V.

Number: 1199

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 54:37

Speed: 13.18 km/h

Running performance: 4:22 min/km

Rank in course/Total: 19 (of 188)

Rank in course/Men: 19 (of 138)

Best time in course: 41:37

Rank in category: 2(of 20)

Best time in the category: 52:15