



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Hölzer, Heidi

Club: SV Empor
Number: 907

Course: 5.00 km
5 km - Nordic Walking

Category:
Frauen

Total time: 46:47

Speed: 6.41 km/h
Running performance: 9:22 min/km

Rank in course/Total: 18 (of 23)
Rank in course/Women: 13 (of 18)

Best time in course: 41:00

Rank in category: 13(of 18)
Best time in the category: 41:00