



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Kämpf, Annette

Club: Urleben

Number: 1110

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 58:14

Speed: 12.36 km/h

Running performance: 4:40 min/km

Rank in course/Total: 37 (of 188)

Rank in course/Women: 4 (of 50)

Best time in course: 55:38

Rank in category: 1(of 8)

Best time in the category: 58:14