



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Dell, Uwe

Club: Hörselberg

Number: 1247

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 56:51

Speed: 13.19 km/h

Running performance: 4:33 min/km

Rank in course/Total: 27 (of 188)

Rank in course/Men: 26 (of 138)

Best time in course: 41:37

Rank in category: 6(of 26)

Best time in the category: 49:04