



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

, Nachmeldung

Number: 1157

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 58:59

Speed: 12.72 km/h

Running performance: 4:43 min/km

Rank in course/Total: 43 (of 188)

Rank in course/Men: 38 (of 138)

Best time in course: 41:37

Rank in category: 4(of 16)

Best time in the category: 51:53