



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Kappe, Alexander

Club: Bad Langensalza
Number: 1111

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:02:00

Speed: 11.61 km/h
Running performance: 4:58 min/km

Rank in course/Total: 62 (of 188)

Rank in course/Men: 55 (of 138)

Best time in course: 41:37

Rank in category: 7(of 20)

Best time in the category: 52:15