



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Waszak, Natascha

Club: Team Physiotherapie Ute Zöllner

Number: 1218

Course: 12.50 km

12,5 km -Lauf

Category:

Frauen (20-29 Jahre)

Total time: 1:01:26

Speed: 11.72 km/h

Running performance: 4:55 min/km

Rank in course/Total: 55 (of 188)

Rank in course/Women: 6 (of 50)

Best time in course: 55:38

Rank in category: 3(of 8)

Best time in the category: 55:38