



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Albrecht, Frank

Club: Gotha
Number: 1051

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:02:16

Speed: 12.04 km/h
Running performance: 4:59 min/km

Rank in course/Total: 65 (of 188)

Rank in course/Men: 58 (of 138)

Best time in course: 41:37

Rank in category: 12(of 24)

Best time in the category: 47:12