



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Deiseroth, Andreas**

Club: Salza-Gymnasium

Number: 1067

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:02:07

Speed: 11.59 km/h

Running performance: 4:58 min/km

Rank in course/Total: 64 (of 188)

Rank in course/Men: 56 (of 138)

Best time in course: 41:37

Rank in category: 9(of 15)

Best time in the category: 41:37