



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Mende, Herbert

Club: VSG 1899 Oberdorla
Number: 1144

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 1:01:07

Speed: 11.78 km/h
Running performance: 4:53 min/km

Rank in course/Total: 52 (of 188)

Rank in course/Men: 47 (of 138)

Best time in course: 41:37

Rank in category: 1(of 4)

Best time in the category: 1:01:07