



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Ludwig, Ronny**

Club: Wangenheim

Number: 1142

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:03:33

Speed: 11.80 km/h

Running performance: 5:05 min/km

Rank in course/Total: 68 (of 188)

Rank in course/Men: 61 (of 138)

Best time in course: 41:37

Rank in category: 8(of 16)

Best time in the category: 51:53