



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Ludwig, Ronny

Club: Wangenheim
Number: 1142

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:03:33

Speed: 11.33 km/h
Running performance: 5:05 min/km

Rank in course/Total: 68 (of 188)

Rank in course/Men: 61 (of 138)

Best time in course: 41:37

Rank in category: 8(of 16)

Best time in the category: 51:53