



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Meidt, Matthias

Club: RübsamRunners

Number: 1143

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:03:44

Speed: 11.77 km/h

Running performance: 5:06 min/km

Rank in course/Total: 70 (of 188)

Rank in course/Men: 62 (of 138)

Best time in course: 41:37

Rank in category: 9(of 20)

Best time in the category: 52:15