



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Zöllner, Frank

Club: Team Physiotherapie Ute Zöllner

Number: 1232

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:05:28

Speed: 11.00 km/h

Running performance: 5:14 min/km

Rank in course/Total: 79 (of 188)

Rank in course/Men: 71 (of 138)

Best time in course: 41:37

Rank in category: 11(of 15)

Best time in the category: 41:37