



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Wehnemann, Rocco

Club: Laufgruppe Eisenach

Number: 1220

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:05:35

Speed: 10.98 km/h

Running performance: 5:15 min/km

Rank in course/Total: 82 (of 188)

Rank in course/Men: 73 (of 138)

Best time in course: 41:37

Rank in category: 11(of 20)

Best time in the category: 52:15