



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Strauch, Ingo

Club: FSV Preussen/ Cocktails & Friends
Number: 1206

Course: 12.50 km
12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:06:21

Speed: 10.85 km/h

Running performance: 5:19 min/km

Rank in course/Total: 90 (of 188)

Rank in course/Men: 81 (of 138)

Best time in course: 41:37

Rank in category: 11(of 26)

Best time in the category: 49:04