



3Türmelauf  
Bad Langensalza / 24.04.2016

## Detailed evaluation

Technau, André

Club: Thamsbrücker SV 1922  
Number: 1210

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:07:09

Speed: 11.17 km/h  
Running performance: 5:22 min/km

Rank in course/Total: 103 (of 188)

Rank in course/Men: 92 (of 138)

Best time in course: 41:37

Rank in category: 16(of 24)

Best time in the category: 47:12