



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Thormann, Dirk

Club: WalschbergRunners
Number: 1213

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:05:57

Speed: 10.92 km/h
Running performance: 5:17 min/km

Rank in course/Total: 87 (of 188)

Rank in course/Men: 77 (of 138)

Best time in course: 41:37

Rank in category: 14(of 24)

Best time in the category: 47:12