



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Ziemann, Ulf

Total time: 1:05:07

Club: Celenus Salza Vita Gesundheitszentrum GmbH
Number: 1231

Speed: 11.06 km/h

Running performance: 5:13 min/km

Course: 12.50 km

Rank in course/Total: 78 (of 188)

12,5 km -Lauf

Rank in course/Men: 70 (of 138)

Best time in course: 41:37

Category:

Rank in category: 13(of 24)

Senioren M45 (45-49 Jahre)

Best time in the category: 47:12