



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Fischer, Rainer**

Club: Bad Langensalza

Number: 1250

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:10:36

Speed: 10.62 km/h

Running performance: 5:39 min/km

Rank in course/Total: 138 (of 188)

Rank in course/Men: 116 (of 138)

Best time in course: 41:37

Rank in category: 6(of 8)

Best time in the category: 50:01