



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Hesse, Kerstin

Club: Physio K.Hesse/ Mühlhausen

Number: 1098

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:13:56

Speed: 9.74 km/h

Running performance: 5:55 min/km

Rank in course/Total: 158 (of 188)

Rank in course/Women: 32 (of 50)

Best time in course: 55:38

Rank in category: 5(of 5)

Best time in the category: 1:07:44