



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Both, Sabine**

**Total time: 1:12:23**

Club: Celenus Salza Vita Gesundheitszentrum GmbH  
Number: 1059

**Speed: 9.95 km/h**

**Running performance: 5:47 min/km**

Course: 12.50 km

**Rank in course/Total: 146 (of 188)**

12,5 km -Lauf

**Rank in course/Women: 26 (of 50)**

**Best time in course: 55:38**

Category:

**Rank in category: 5(of 9)**

Seniorinnen W45 (45-49 Jahre)

**Best time in the category: 57:55**