



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Kötz, Swen

Club: Laufgruppe Hufeland Klinikum GmbH

Number: 1126

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:13:32

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 155 (of 188)

Rank in course/Men: 125 (of 138)

Best time in course: 41:37

Rank in category: 23(of 26)

Best time in the category: 49:04