



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Knothe, Doris

Club: BSG Sparkasse Unstrut-Hainich e.V.
Number: 1121

Course: 12.50 km
12,5 km -Lauf

Category:

Seniorinnen W60 (60-64 Jahre)

Total time: 1:14:07

Speed: 9.71 km/h

Running performance: 5:56 min/km

Rank in course/Total: 159 (of 188)

Rank in course/Women: 33 (of 50)

Best time in course: 55:38

Rank in category: 2(of 2)

Best time in the category: 1:13:36