



3Türmelauf  
Bad Langensalza / 24.04.2016

Detailed evaluation

Hahn, Silke

Club: Mühlhausen  
Number: 1087

Course: 12.50 km  
12,5 km -Lauf

Category:  
Seniorinnen W40 (40-44 Jahre)

Total time: 1:13:19

Speed: 9.82 km/h  
Running performance: 5:52 min/km

Rank in course/Total: 154 (of 188)

Rank in course/Women: 30 (of 50)

Best time in course: 55:38

Rank in category: 5(of 8)

Best time in the category: 1:07:00