



## 3Türmelauf

Bad Langensalza / 24.04.2016

### Detailed evaluation

**Pfannstiel, Anke**

Club: Bad Langensalza

Number: 1235

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:14:28

Speed: 10.07 km/h

Running performance: 5:58 min/km

Rank in course/Total: 161 (of 188)

Rank in course/Women: 34 (of 50)

Best time in course: 55:38

Rank in category: 4(of 5)

Best time in the category: 57:51