



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Ziemann, Steffen

Total time: 1:15:59

Club: Celenus Salza Vita Gesundheitszentrum GmbH
Number: 1230

Speed: 9.48 km/h

Running performance: 6:05 min/km

Course: 12.50 km

Rank in course/Total: 166 (of 188)

12,5 km -Lauf

Rank in course/Men: 130 (of 138)

Best time in course: 41:37

Category:

Rank in category: 24(of 26)

Senioren M50 (50-54 Jahre)

Best time in the category: 49:04