



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Dünnebeil, Frank

Club: Bad Langensalza

Number: 1072

Course: 12.50 km

12,5 km -Lauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:19:34

Speed: 9.05 km/h

Running performance: 6:22 min/km

Rank in course/Total: 173 (of 188)

Rank in course/Men: 134 (of 138)

Best time in course: 41:37

Rank in category: 26(of 26)

Best time in the category: 49:04