



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Allstädt, Markus

Club: Erfurt
Number: 1052

Course: 12.50 km
12,5 km -Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:17:20

Speed: 9.31 km/h
Running performance: 6:11 min/km

Rank in course/Total: 172 (of 188)

Rank in course/Men: 133 (of 138)

Best time in course: 41:37

Rank in category: 16(of 16)

Best time in the category: 51:53