



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Heyder, Robin

Club: Kranichfeld
Number: 1099

Course: 12.50 km
12,5 km -Lauf

Category:
Männer (20-29 Jahre)

Total time: 1:19:45

Speed: 9.03 km/h
Running performance: 6:23 min/km

Rank in course/Total: 174 (of 188)

Rank in course/Men: 135 (of 138)

Best time in course: 41:37

Rank in category: 10(of 10)

Best time in the category: 51:01