



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Sander-Böhm, Anja

Club: Salza-Gymnasium

Number: 1176

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:20:21

Speed: 8.96 km/h

Running performance: 6:26 min/km

Rank in course/Total: 175 (of 188)

Rank in course/Women: 40 (of 50)

Best time in course: 55:38

Rank in category: 7(of 8)

Best time in the category: 1:07:00