



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Kraus, Roman

Club: BSG Sparkasse Unstrut-Hainich e.V.
Number: 1128

Course: 12.50 km
12,5 km -Lauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:15:50

Speed: 9.49 km/h

Running performance: 6:04 min/km

Rank in course/Total: 165 (of 188)

Rank in course/Men: 129 (of 138)

Best time in course: 41:37

Rank in category: 20(of 20)

Best time in the category: 52:15