



3Türmelauf  
Bad Langensalza / 24.04.2016

Detailed evaluation

Schmidt, Rainer

Club: Laufteam Schnitter  
Number: 1185

Course: 12.50 km  
12,5 km -Lauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:21:04

Speed: 8.88 km/h  
Running performance: 6:29 min/km

Rank in course/Total: 177 (of 188)

Rank in course/Men: 137 (of 138)

Best time in course: 41:37

Rank in category: 24(of 24)

Best time in the category: 47:12