



3Türmelauf

Bad Langensalza / 24.04.2016

Detailed evaluation

Lorenz, Christiane

Club: Eastbourne

Number: 1140

Course: 12.50 km

12,5 km -Lauf

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:35:11

Speed: 7.88 km/h

Running performance: 7:37 min/km

Rank in course/Total: 184 (of 188)

Rank in course/Women: 46 (of 50)

Best time in course: 55:38

Rank in category: 5(of 5)

Best time in the category: 57:51