



3Türmelauf
Bad Langensalza / 24.04.2016

Detailed evaluation

Steinmetz, Antje

Club: Heidelberg
Number: 1236

Course: 12.50 km
12,5 km -Lauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 1:35:12

Speed: 7.56 km/h
Running performance: 7:37 min/km

Rank in course/Total: 185 (of 188)

Rank in course/Women: 47 (of 50)

Best time in course: 55:38

Rank in category: 9(of 9)

Best time in the category: 57:55