



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Meinecke, Thomas**

Club: SV TU Ilmenau  
Number: 299

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M50 (50-54 Jahre)

Total time: 38:01

Speed: 15.78 km/h  
Running performance: 3:48 min/km

Rank in course/Total: 7 (of 125)

Rank in course/Men: 7 (of 100)

Best time in course: 36:12

Rank in category: 1(of 11)

Best time in the category: 38:01