



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Becherer, Markus**

Club: Erfurter SSC  
Number: 184

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 41:39

Speed: 14.41 km/h  
Running performance: 4:10 min/km

Rank in course/Total: 17 (of 125)

Rank in course/Men: 17 (of 100)

Best time in course: 36:12

Rank in category: 6(of 14)

Best time in the category: 36:12