



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Smeibidl, Frank**

Club: ASV Erfurt  
Number: 322

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 41:53

Speed: 14.33 km/h  
Running performance: 4:11 min/km

Rank in course/Total: 19 (of 125)

Rank in course/Men: 19 (of 100)

Best time in course: 36:12

Rank in category: 3(of 8)

Best time in the category: 40:26