



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Balsam, Martin**

Club: Beruffeuerwehr Gotha  
Number: 320

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 44:42

Speed: 13.42 km/h  
Running performance: 4:28 min/km

Rank in course/Total: 35 (of 125)

Rank in course/Men: 35 (of 100)

Best time in course: 36:12

Rank in category: 5(of 11)

Best time in the category: 42:15