



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Laute, Andreas

Number: 346

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 46:41

Speed: 12.85 km/h

Running performance: 4:40 min/km

Rank in course/Total: 46 (of 125)

Rank in course/Men: 44 (of 100)

Best time in course: 36:12

Rank in category: 4(of 11)

Best time in the category: 38:01