



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Kretzschmar, Manfred

Club: Amt Wachsenburg/Ichtersh.
Number: 220

Course: 10.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 47:48

Speed: 12.55 km/h
Running performance: 4:47 min/km

Rank in course/Total: 51 (of 125)

Rank in course/Men: 49 (of 100)

Best time in course: 36:12

Rank in category: 3(of 7)

Best time in the category: 43:16