



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Seever, Thorsten

Club: SG Motor Arnstadt
Number: 247

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 47:49

Speed: 12.55 km/h
Running performance: 4:47 min/km

Rank in course/Total: 52 (of 125)

Rank in course/Men: 50 (of 100)

Best time in course: 36:12

Rank in category: 8(of 16)

Best time in the category: 36:55