



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Friedmann, Dominik

Club: Gerolzhofen
Number: 199

Course: 10.00 km
Hauptlauf

Category:
Männer (20-29 Jahre)

Total time: 48:53

Speed: 12.27 km/h
Running performance: 4:53 min/km

Rank in course/Total: 59 (of 125)

Rank in course/Men: 56 (of 100)

Best time in course: 36:12

Rank in category: 5(of 7)

Best time in the category: 36:18