



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Freyberg, Michael

Club: Rehestädt
Number: 197

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 49:15

Speed: 12.18 km/h
Running performance: 4:55 min/km

Rank in course/Total: 65 (of 125)

Rank in course/Men: 62 (of 100)

Best time in course: 36:12

Rank in category: 7(of 11)

Best time in the category: 38:01