



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

**Ernemann, Sebastian**

Club: Kirmesverein Wüllersleben  
Number: 195

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M35 (35-39 Jahre)

Total time: 49:43

Speed: 12.07 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 68 (of 125)

Rank in course/Men: 65 (of 100)

Best time in course: 36:12

Rank in category: 9(of 11)

Best time in the category: 42:15