



38. Alteburglauf  
Arnstadt / 04.05.2016

## Detailed evaluation

Jordanland, Doro

Club: HäufigLäufig  
Number: 215

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 49:59

Speed: 12.00 km/h  
Running performance: 5:00 min/km

Rank in course/Total: 70 (of 125)

Rank in course/Women: 4 (of 25)

Best time in course: 44:56

Rank in category: 1(of 5)

Best time in the category: 49:59