



38. Alteburglauf
Arnstadt / 04.05.2016

Detailed evaluation

Bierkefeld, Armin

Number: 326

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 51:04

Speed: 11.75 km/h

Running performance: 5:07 min/km

Rank in course/Total: 78 (of 125)

Rank in course/Men: 72 (of 100)

Best time in course: 36:12

Rank in category: 8(of 12)

Best time in the category: 42:51